

Profane and Old Wives Fables

1 Tim 4:6-11

1 Timothy 4:6

Put in remembrance: to lay down.

Teach a foundation of doctrine

Put the brethren in remembrance of these things.

Focus on brethren!

Of these things: concerning apostates

Nourished up: educated

Doctrines and teachings to be daily bread

Words of faith: Teachings, thoughts, doctrines of faith.

whereunto thou hast attained. Living/applying.

Best defense against apostasy and error--your walk with God.

1 Timothy 4:7

3 levels of life

3 perspectives

3 types of focus

1. Fantasy Plane—level of living...perspective...focus

Profane: fit to be trodden under foot...unhallowed.

Unworthy of child of God's attention.

Old wives fables: Fit only for senile, silly old cronies to chat about.

The kind of teachings that silly people would discuss, not dedicated men and women of the Word.

Refuse: decline, shun, reject, beg off, get excused from, avoid.

Fables: fiction, inventions, falsehoods, myths.

Be careful about frame of mind.

1 Timothy 1:4-7; 6:4,20

Fanatical types of personalities--love to zero in on silly little, insignificant matters Don't discuss these issues with them.

Your discussions only serve to dignify them

Fantasies: many taught by Jewish rabbis

2. Temporary Plane

1 Timothy 4:8

Bodily exercise: gymnastic exercise.

Profiteth: helpful, advantageous.

Little: short time; small in comparison to.

Staying in shape an advantage on earth.

Go ahead and keep body under subjection...but not main focus.

Don't mess around with useless stuff of life.

Devote yourself to what really pertains to godliness.

3. Eternal Plane

....**but godliness is profitable unto all things,**

When scheduling a workout program place your spiritual workout as top priority.

Be more devoted to godliness than the athlete is to his sport.

Seek to excel in the realm of the spiritual before seeking to excel in other areas.

Godliness: reverence, respect, holy living before God. God-likeness. Walking with God!

...**having promise of the life that now is, and of that which is to come.**

Why spiritual exercise more important than physical?

It promises reward in this life and next.

Gromaki: *The best possible life that any person can live is in the will of God here and now. The blessedness of joy, peace, and satisfaction are part of the "promise of the life that now is."*

Promise: assurance, confidence, pledge...of blessings

Prov 3:5-6 Romans 2:10 1 Corinthians 15:58

and of that which is to come.

Judgment Seat of Christ.

Judged on basis of godliness

Gromaki: *There are some times in human life when physical strength is advantageous, but physical dexterity is not a prerequisite for success in all endeavors. As the mortal, corruptible body ages and weakens, the limitations of physical strength become very apparent.*

A believer must apply biblical principles to all areas of behavior: in marriage, at work, and in all interpersonal relationships. Godliness has value in all that we do.

1 Timothy 4:9

Just given truth that is reliable, consistent, trustworthy, faithful.

Can base life on this.

1 Timothy 4:10

The bottom line of what and why we do what we do.

This is why we work hard and suffer much.

Labor: Get to point of exhaustion,

Agonize—athlete putting in last ounce of energy to win race.

Suffer reproach: defame, rail at, chide, taunt, cast in teeth, upbraid.

Because we trust in the living God: place of complete confidence in a God that is not dead.

Who is the saviour: deliverer, rescuer.

Specially of those that believe: those who have put trust in Him.

Emphasis is not on physical but spiritual.

Spiritual benefit for eternity.

1 Timothy 4:11

These things: things I have just given you.

About spiritual being more important than physical.

About working hard and suffering much.

About our trusting in living God who is the Saviour

Command: administrative authority

Teach: instruction in Bible doctrine.

Present imperatives:

So What?

Want to be good minister of Jesus Christ?

Put brethren in remembrance of these things:

Have nothing to do with

1. Fantasy Plane---profane and old wives fables
2. Temporary plane---emphasis on the physical over the spiritual

Have everything to do with the

3. Eternal plane—godliness.

Which plane living on?

Fantasy?

Temporal?

Eternal?

....godliness is profitable unto all things, having promise of the life that now is, and of that which is to come.